

Lockdown@ Satya Special School

....How we Including the excluded...





SATYA SPECIAL SCHOOL

Was it a lock down?

COVID-19 and lockdown



With the challenged of dealing with COvID19 staff, teachers and coordinators rose to the occasion. The Satya team learnt adapted and moved with the times. Teachers who could barely use laptops and WhatsApp now were updating google forms and uploading photos of activities they are doing on call with children. Incharges now learnt how to handle "zoom" , "hangout / meet" and a whole lot more. Webinars and video meets became the new normal but life went on...

As always children came first.... and we did all we could to ensure they were happy safe and fed...whether it was the joy of listening to their teacher again on the phone or video call to ensure they know they are not forgotten, or speaking to the parents to give them activities, ensuring they had the medication they needed to be ok (in some cases survive), or ensure they and their families did not go hungry in these trying times... we tried to help where possible.

Last but not least we sent all our love to the children through toy kits we put together with the help of some donors who donated in kind to each child in Satya

No Lockdown @ Satya



Satya during the last few months worked not only for the physical well being of the children with special needs but also worked on the mental and psychological well being of our children. Additionally Satya worked for the well being of many communities in and around Pondicherry in this hour of need. A snapshot of what Satya did these few months.

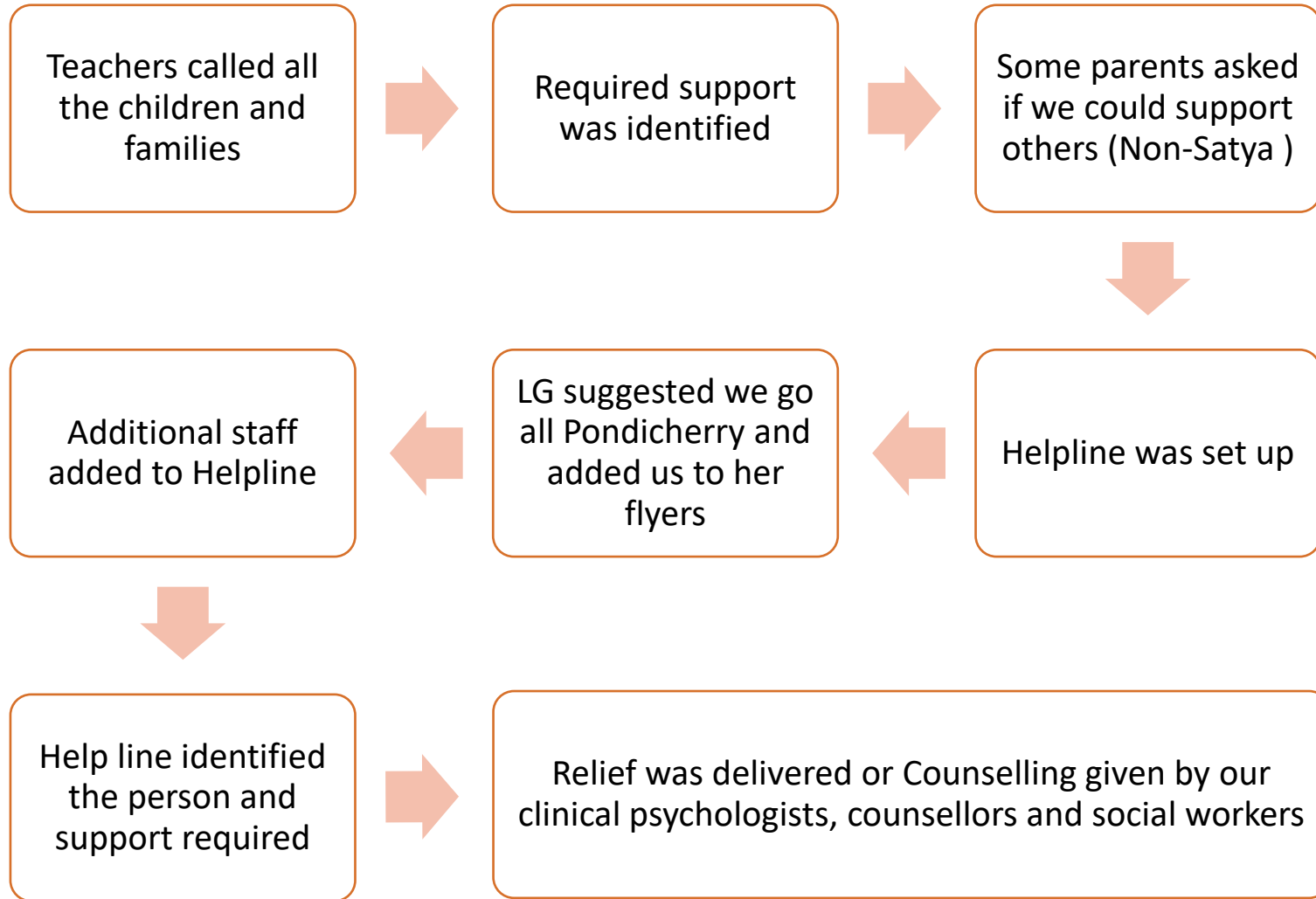
MENTAL / HEALTH	HELPLINE TEACHERS MEDICAL PROFESSIONAL ON STANDBY
RELIEF	GROCERIES VEGETABLES TOILETERIES MEDICINES SAFETY GEAR TOYS
CLASS ACTIVITIES	VIDEO CALLS WEEKLY CLASSES ACTIVITY BASED LEARNING
BEST PRACTICES	WEBINARS -> INTERNAL STAFF WEBINARS FRATERNITY WEBINARS (PHYSIO ETC) EXPERT
AWARENESS GENERATION	E-PAMPHLETS CALLS ANIMATORS GOING DOOR TO DOOR
PARENTS AS CO-THERAPISTS	CLASS ACTIVITIES VIDEO STORYTELLING SHARING TLM IDEAS

No Lockdown @ Satya



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Mental / Health support @ Satya



Helpline

35 to 40 Calls per day

15 to 20 Call out per day

30 to 40 ID proofs processed

On Standby

Doctors on call

Ambulance on call

Tele-counselling by inhouse professionals

No Lockdown @ Satya



MENTAL / HEALTH	HELPLINE TEACHERS MEDICAL PROFESSIONAL ON STANDBY
RELIEF	PHYSICAL -> GOCERIES VEGETABLES TOILETERIES MEDICINES SAFETY GEAR PSYCHOLOGICAL -> TOYS
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Relief@Satya - *A regular day*



Official

9am-6pm

Unofficial

6am-onwards...



300

ppl



*3 to 4 people / family

3

to

4



Different communities

100

to

120



Kits per day

1
ton



Raw food

Distributed per day



6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23

80
to
100



Call out per day

4

to

5



Vans sent

80

to

100



KM per day

75

to

90



Kits per day

65

to

70



Calls per day

100

to

120



ID proofs processed

4

to

5

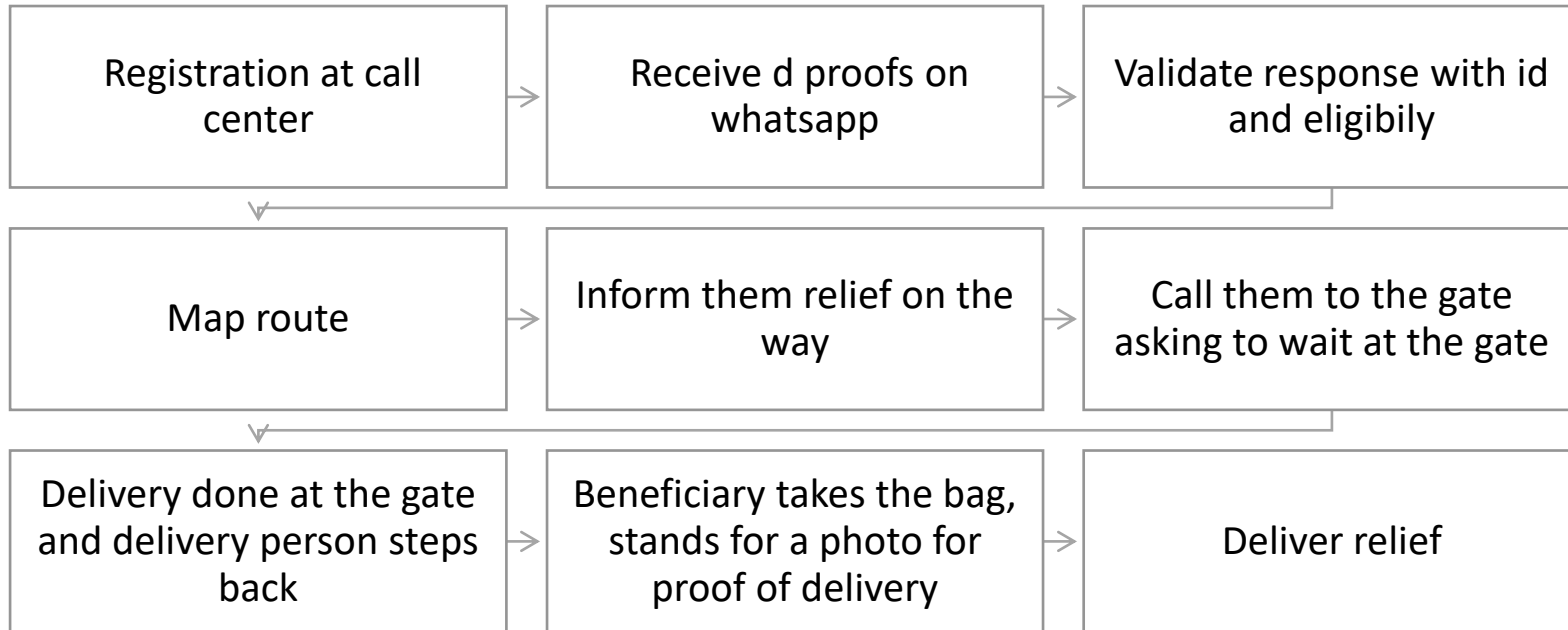


Routes planned

Relief@Satya



People reached



PRIORITIZATION FOR GROCERY VEGETABLES AND MEDICATION (Basis Severity)

Level 1 - Priority 1	MHI below 4000 and per capita 500 or less before lockdown
Level 1 - Priority 2	MHI below 4000 and per capita 501 - 1000 before lockdown
Level 1 - Priority 3	MHI below 4000 and per capita 1001 - 2000 before lockdown
Level 2 - Priority 2	MHI 4001 - 6000 and per capita 501 - 1000 before lockdown
Level 2 - Priority 3	MHI 4001 - 6000 and per capita 1001 - 2000 before lockdown



4500



Grocery

2000



Meals

960



Vegetables

480



Medication

3300



Safety gear

470



Toys

1000+
calls



processed during relief

4500
km



travelled

9000
ppl



reached

470



Toy kits Delivered

23
tons



Raw food
Distributed

2000
meals



Cooked food


33



Different groups



60%



ID proofs collected

60%



photos

Relief
@Satya

Rice



11000 kg

Sugar



1950 kg

Wheat



1600 kg

Oil



1600 Ltrs

Dal



1550 kg

Other veg



1200 kg

Tomato



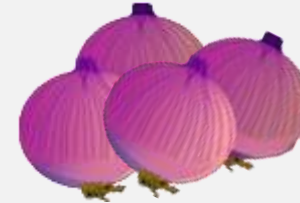
960 kg

Potato



960 kg

Onion



960 kg

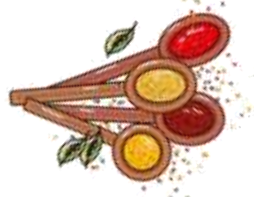


Salt



375 kg

Masala



115kg

Tea



100 kg

Relief@Satya
Raw food

Masks 3ply



3330

Vizors



750

Gloves



300

Plates



200



Sanitizer



170lts

N95



125

PPE & Goggles



100

Beds



100

Relief@Satya
COVID warriors
Safety gear & respite

Bathing soap



937

Detergent bar



937

Dishwash bar



937

Washing pwd



937



Relief@Satya
Toiletry kit

Medicines shots



Body aching she forced herself up. The blue bruise on her arm had darkened. She needed to ensure medication for her 15 year old.

This 15 year old tossed and turned, comfortable sleep eluded her. In irritation and anger she cried and shouted.. She bit her siblings and beat her mother. She was beside herself.

1 months of Psychotic and psychosomatic drugs worth Rs 289 delivered as per prescription

Child *"Amma how many more tablets?"* **Mother:** *"3 ma 4more to go."*

Child *"I had in the morning amma...."* **Mother** *"We want to be well and play downstairs no... come have then quickly."*

Mother to father sighing *"To control his condition medicine,. to control the side effects more medicine, and then to control the effect of the side effect medication still more medication , when will this stop"*

Medicine worth Rs 2500 delivered to rare conditions delivered as per prescription

Parent in Markanam: *We need to change the catheter. Its almost a month, he is very prone to infections, I really need a doctor*

@Satya *medicine is bought, a nurse who can do the procedure is found, passes are got..." Madam, all done but including transportation way above the limit set!* **Madam:** *Go ahead a life is more important*

Logistics, and vehicle hired for almost 2700 with medicine worth Rs 700 delivered to the child and a medical professional from Pondicherry went and did the medical procedure

GROUPS REACHED



FAMILIES OF CHILDREN WITH DISABILITY	INTELLECTUALLY CHALLENGED	ELDERLY	PHYSICALLY CHALLENGED	VISUALLY CHALLENGED	HEARING IMPAIRED
SPINAL CORD INJURIES	ORPHANAGES AND HOMES	HOMES FOR CHILDREN WITH SPECIAL NEEDS	MINORITY COMMUNITY	GYPSY COMMUNITY	FISHERMAN COMMUNITY
SINGLE WOMEN AND WIDOW	SANITARY WORKERS	PHC HEALTH CENTERS	MUNICIPAL WORKERS	INMATES OF CENTRAL PRISON	POLICE
FAMILIES OF CHILDREN IN CONFLICT WITH LAW	JIPMER COVID WARD	MIGRANT LABOUR	HOME FOR CHILDREN UNIQUE CONDITION	PRISON OFFICIALS	TEMPLE PRIESTS

Some feedback



Usually epileptic medicines are provided free for us in the General Hospital but with the lockdown we could not reach the hospital. I was worried as one day of medication missed would mean serious seizures for my son. Thankfully Satya's Angels came with enough medicines that we could use for the entire month. This support was god sent ~ Mother of child with disability

"I live in the rural village where I can only access provisions and vegetables if I go to work that day... there is no daily work these days and I was worried about how I would feed the family. The survival kit from Satya is a boon to families who are dependent on our daily wages earnings for our basic needs. God bless you all !! ~ Single mother from a marginalized community

The lady was so touched when I delivered the medicines that she started to cry and tried to touch my feet.. I was almost embarrassed... that is when I realized of m how important the work we are doing was.... !!! ~ Project Coordinator – Satya Special School

What is in the survival kit?

Sl No	Items	MRP	Quantity	Total
1	Raw Rice 1 kg	40	10	400
2	Idli Rice 1 kg	29	5	145
3	Wheat 1 kg	40	2	80
4	Thur Dhal 1 kg	115	1	115
5	Moong Dhal 500 g	80	1	80
6	Sunflower oil 1 ltr	125	2	250
7	Sugar 1 kg	35	3	105
8	Salt 1 kg	20	1	20
9	Tea Powder 250 g	125	1	125
10	Turmeric 100 g	27	1	27
11	Sambar powder 200 g	85	1	85
12	Bathing Soap	15	1	15
13	Rin Detergent	10	1	10
14	Washing Powder 500g	32	1	32
15	Vim bar	11	1	11
16	Vegetables 1 bag			250
17	Medicines *			250
	NET TOTAL			2000



*Note: We do not entertain any request for medicines without prescription. It is either sent to us through WhatsApp or our field animators visit the families & take a picture of the prescription.

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Bathing Soap	15	1	15
Rin Detergent	10	1	10
Washing Powder 500 g	32	1	32
Vim bar	11	1	11
A bag of vegetables			250
Medicines *			750
Total			2500



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GROCERY AND VEGETABLE



MEDICINE DISTRIBUTION



TOY PACKING



TOY DISTRIBUTION



To our partner's in the relief work..



A child's pain was reduced, a family ate well, a mother worried a bit less, and in some cases a child was saved of an epileptic fit and maybe something more serious.....



**Azim Premji
Foundation**



All of this would not have been possible without your support. Thank you for keeping these children and people who have a lot less than before, impacted by the lock down in your hearts and contributing generously in these times that have troubled everyone in some way or the other.

**OTHER INDIVIDUAL
DONORS**



OTHER ACTIVITIES

No Lockdown @ Satya



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Class Activities@Satya



VIDEO/ REGULAR CALLS

- Every child / parent was called once a week to check on them. In some cases counselling was done for the families and people with disability



WEEKLY CLASSES

- Teachers drew up a schedule for each child with more focus on parents who are unable to attend to their disabled children due to familial constraints



ACTIVITY BASED LEARNING

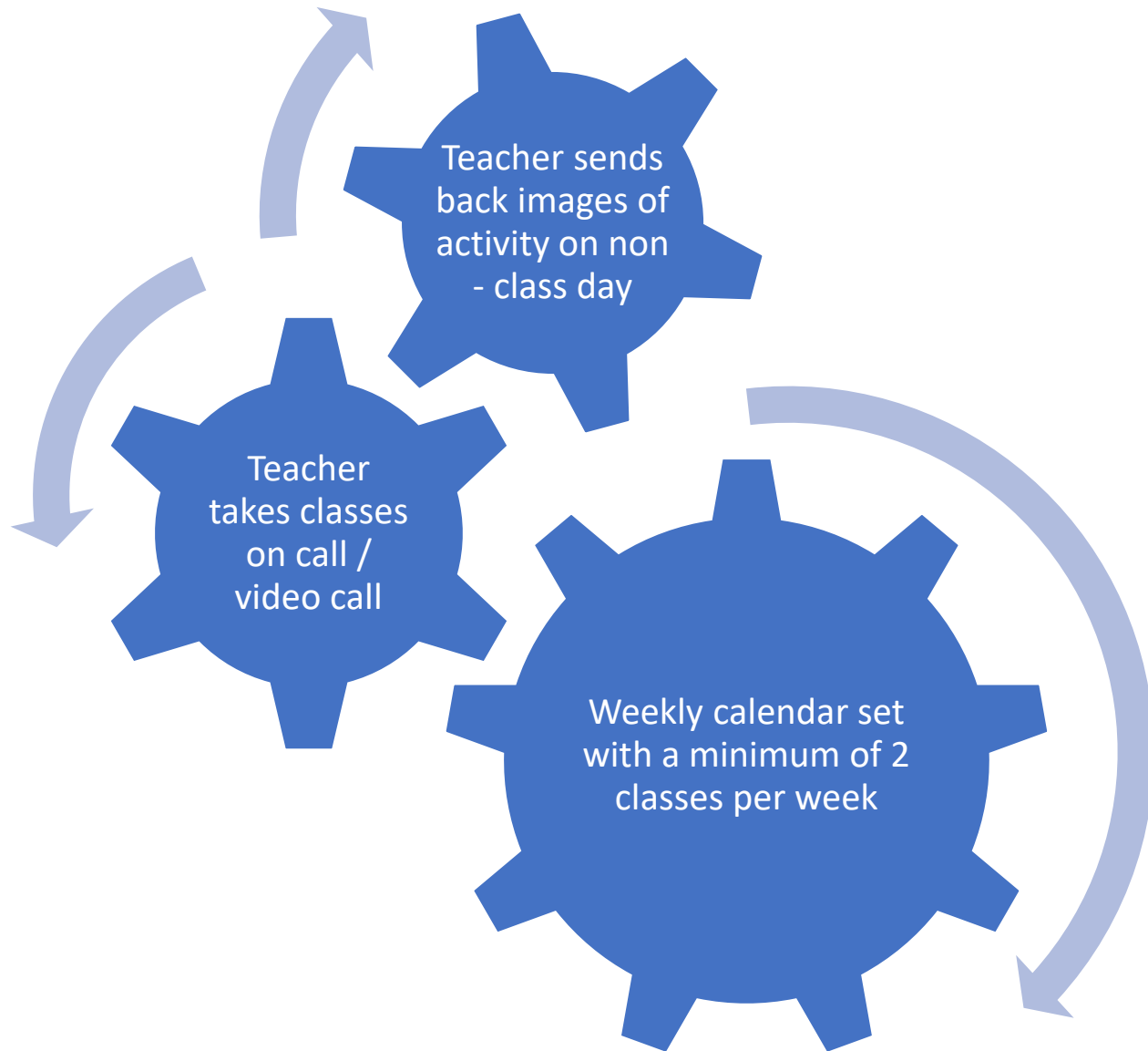
- Teachers drew up activities based on the material and things available at home. Bowls and glasses turned into counters, and plastic bottles turned into nine pins



NON STAFF PARENTS ACTIVITIES

- We also saw a lot of our training and capacity building activities bear fruit. Parents have recorded sessions of storytelling and prepared videos showing how to make TLM etc..

Class during lockdown@ Satya



Teachers

4

to

5



Call / video
classes per day

7

to

8



Follow ups to
classes continue



Documentation via
Google forms with
photos and videos

Children activities



No Lockdown @ Satya



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Training & Best Practices@Satya



WEBINARS FOR INTERNAL STAFF

- Staff have taken sessions internally for cross disciplinary learning

FRATERNITY WEBINARS (PHYSIO ETC)

- Webinars were arranged within fraternities such as the physio association to brainstorm and arrive at best practices

EXPERT DISCUSSIONS

- Doctors and thought leaders were brought in for sessions to see how life after lock down would be

INTERNALBRAINSTORMING SESSIONS

- Hours of internal brainstorming has been conducted by the senior/ mid senior staff as to how we will open up again

Some webinars

FREE WEBINAR

ORGANIZERS

Dr. Sangeeta K. Vaidya, President, State Branch UT of Puducherry, Chito. 69-41 South & Madhav, 1979

Ms. Chitra Shah, Chair Women 2020-21 Indian Women Network

Dr. Yashoda Rande PT, State Co-ordinator, IAP Women Cell, UT of Puducherry

Dr. J. Senthilakshmi, Co Chair Women 2020-21, South & Madhav, 1979

SPEAKER

Dr. Sangeeta K. Vaidya, President, State Branch UT of Puducherry, Chito. 69-41 South & Madhav, 1979

TOPIC: Are we COVID 19 ready? Re - establishing infection control and prevention pointers - A comprehensive guide for all

SATYA SCHOOL

Virtual Goals to Address Challenges in Rehabilitation Post COVID-19 in Persons with Disability

VIRTUAL PANEL DISCUSSION

Date: 25th April 2020 Time: 3:30 - 4:00 pm

<https://meet.google.com/tvfr-ghe-akd>

Dr. Sangeeta K. Vaidya, President, State Branch UT of Puducherry, Chito. 69-41 South & Madhav, 1979

Dr. S. Senthilakshmi, Co Chair Women 2020-21, South & Madhav, 1979

For Registration Whatsapp 9626889052

HOPE

Fourth Day
09.05.2020 (Saturday)
Time: 11am to 1pm

Online Training on Child Rights

PANEL DISCUSSION MODERATOR

Dr. Sangeeta K. Vaidya, President, State Branch UT of Puducherry, Chito. 69-41 South & Madhav, 1979

PANELISTS

Dr. Sangeeta K. Vaidya, President, State Branch UT of Puducherry, Chito. 69-41 South & Madhav, 1979

ORGANISED BY:
HOPE: HOLISTIC APPROACH FOR PEOPLE'S EMPOWERMENT (HOPE)
INDIA LITERACY PROJECT (ILP)

Link:
<https://meet.google.com/OnlineChildRightsTraining>

HOPE

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GOVERNMENT OF PUDUCHERRY
DIRECTORATE OF SCHOOL EDUCATION

DIAGNOSIS & REMEDIAL MEASURES FOR LEARNING DISABILITY

Mrs. Chitra Shah
Director
Sathya Special School

WEDNESDAY, MAY 13, 2020,
10.00 AM TO 11.30 AM

GOVERNMENT OF PUDUCHERRY
DIRECTORATE OF SCHOOL EDUCATION

Teacher We need your help

EARLY DIAGNOSIS OF CWSN

Mrs. Chitra Shah
Director
Sathya Special School

MONDAY, MAY 11, 2020,
10.00 AM TO 11.30 AM

No Lockdown @ Satya



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Awareness Generation@Satya



E-PAMPHLETS

- Pamphlets were created regarding COVID 19 and other topics were created and circulated

CALLS

- Regular calls with parents and children

ANIMATORS GOING DOOR TO DOOR

- Door to door awareness regarding COVID 19 and the measures for safeguarding oneself from it

RADIO CHANNEL

- Parents and our director spoke on the radio

TRAINING AND AWARENESS SESSIONS – WEBINARS

- Webinars on disability awareness among teachers and staff handling such children in the government

Awareness generation

Satya on air



Awareness
e-note



Valliamal normally maintains social distance but could not because it was the child's birthday and she could not let COVID come in the way!!

Webinar on Early Diagnosis of CWSNs



GOVERNMENT OF PUDUCHERRY
DIRECTORATE OF SCHOOL EDUCATION

Teacher
We need
your help

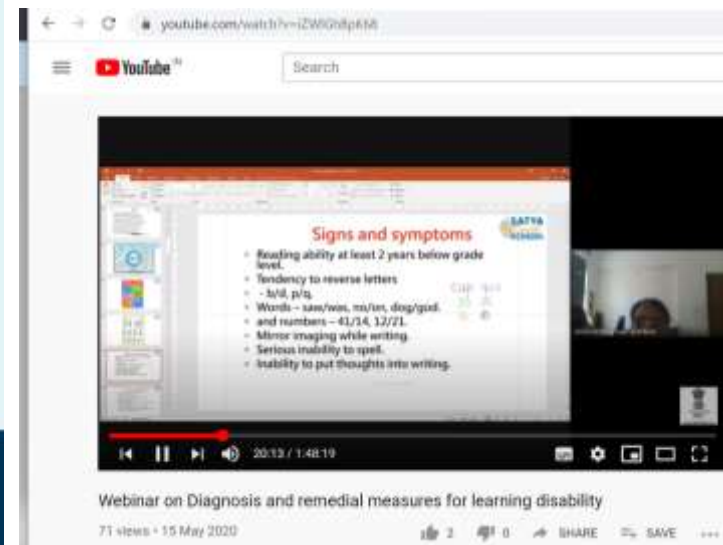
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CWSN**

Mrs. Chitra Shah
Director
Sathya Special School

MONDAY, MAY 11, 2020,
10.00 AM TO 11.30 AM



Attended by over 4000
teachers and
admin staff from
government schools



Video accessible to
another 3.7lac
subscribers of the
channel

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Parents As Co-therapists@Satya



Parents have played a big role in helping each other during the lockdown, a support group grew organically and many non staff mothers contributed to help other children and parents

CLASS
ACTIVIIES

VIDEO
STORYTELLING

SHARING TLM
IDEAS

Parents support parents



Sample TLM made by parent and posted for other parents for ideas



Mother video story telling for other Satya Children



Mother Doing a puppet show for other Satya Children



Awareness by Satya child for Satya Children on COVID-19



Family
gets
involved
siblings
and
fathers !!