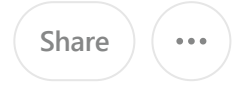


Journeys Built Through Practice at Satya | Oct - Dec 2025

Stories of Inclusion, Commitment, and Quiet Milestones.

JAN 31, 2026



This quarter captures life as it is lived by our children. Learning in small steps, celebrating big and small moments, discovering strengths, and crossing quiet milestones that matter. Every activity, achievement, and shared experience reflects inclusion in action, built through daily effort, patience, and belief. What you see here is not a list of events, but a journey shaped by practice, participation, and steady growth.

Where Tradition Meets Inclusion



Our celebrations went beyond rituals and became moments of learning and belonging. From lighting lamps during Diwali and Karthigai Deepam to honouring knowledge through Saraswati and Ayudha Pooja, children experienced values of learning, safety, and hope in simple ways. Children's Day centred joy and self-expression, while Bharathiar celebrations inspired courage, equality, and voice. When culture is made inclusive, it becomes a quiet force that helps children grow.

Special Days & Awareness Programs

At Satya Special School, special days are lived, not just observed. Through **World Cerebral Palsy Day** and **World Occupational Therapy Day**, we celebrated effort, progress, and the power of consistent support.



On **World Heart Day**, students learned that caring for the heart starts early. Healthy food, movement, and small daily choices matter.

National Unity Day brought everyone together for a shared pledge. Different voices, one purpose. Unity in action.



During **Child Rights Week**, children learned something powerful. They have rights. To learn, to be safe, to speak, and to participate. Their voices were heard, respected, and encouraged.

The **International Day of Persons with Disabilities** and **World Disability Day** were marked with rallies, performances, and collective pride. The message was clear. Disability does not define potential. Opportunity does.



Inclusive Education & Mainstream Integration

Inclusion at Satya Special School is lived, not discussed. This term marked an important milestone with the successful mainstream admission of a child with physical disability, showing how the right support can open classroom doors.

Inclusive activities at CRN GMS School created shared learning spaces where children participated together, learned from one another, and built confidence and respect.

Orientation and exposure programs for mainstream schools offered a closer look at inclusive education in practice, helping educators understand how accessibility and acceptance transform learning for everyone.



Health, Hygiene & Life Skills Education



It starts with small things. Washing hands properly. Choosing safer food. Knowing what to do when the rain gets heavy. Understanding one's own body without fear or confusion.

Food became a celebration of awareness, not rules. Healthy Snacks Day and the Food Festival showed that nutritious choices can be shared, enjoyable, and part of daily life.

Housekeeping and behaviour activities turned routine into responsibility. Sweeping a floor, maintaining order, and following positive habits quietly built confidence.

These moments may seem ordinary. But together, they shape independence. And independence, learned early, lasts a lifetime.

Student Achievements & Recognition

Achievement showed up in many forms this term. Sargunawarman, a Skill Training Centre student, lifted expectations along with weights by winning a Gold Medal at the National Powerlifting Championship, a moment of pride earned through discipline and determination.

Students like Yukesh, Sanjay Devan, Yashika, Nivas, and Jeran Antony confidently stepped into cultural programs, sports events, exhibitions, and competitions, sharing stages with peers and proving that talent grows when given space and support.

Each achievement, big or small, reflected more than success. It reflected confidence gained, voices strengthened, and the belief that every child deserves to be seen and celebrated.



Field Visits & Experiential Learning

Classrooms expanded the moment students stepped outdoors. The Green School Project field trip to Auroville turned lessons into lived experiences, where soil, plants, and people became teachers.

Walking through the botanical garden and organic farms, students observed how food is grown, how nature is protected, and how sustainability works in real life. Questions flowed, curiosity grew, and learning felt natural.

By the time they returned, knowledge was no longer confined to books. It had roots, colour, and meaning.



Policy Dialogue & Mental Health Advocacy



A powerful, no-nonsense consultation on the Right to Mental Health brought together voices from government, academia, NGOs, activists, parents, and youth. Organised with TYCL and Puducherry University, the discussion addressed real system gaps, early intervention, school-based mental health support, and frontline worker capacity.



Two parents shared lived experiences as both caregivers and educators, grounding the conversation in reality. The message was clear. Mental health access cannot be fixed in silos. Collaboration is the only way forward.

Innovation & Assistive Technology

Access to assistive devices at home can determine whether therapy progress is sustained or lost. To bridge this gap, Appropriate Paper Technology (APT) devices, pioneered by MAITS UK, are being replicated locally using reinforced cardboard.

With technical guidance from Heather Angilley and the MAITS team, and material support from Harsh Vardhan Saraogi, Managing Director, True Cartons, customised CP chairs, corner seats, and standing frames are now accessible, affordable, and environmentally responsible.



Donor & Partner Field Engagement



A field visit by the Rural India Supporting Trust (RIST) team to Karaikal and Puducherry centres shifted conversations from reports to reality. Witnessing therapy sessions, classroom interactions, and family journeys made impact tangible.

The visit reinforced a simple truth. Impact is not a document. Impact is people, effort, and the quiet milestones that only the field can reveal. The visit strengthened a growing partnership built on trust, transparency, and shared purpose.



Cross-Learning & Institutional Exchange



Teams from IDFC First Bank – Ek Prayas Program, Sri B D Tatti Annavaru Memorial Charitable Trust, DCCW, Bandhu Purulia, SPARK India, and Aarambh Autism Centre engaged in a hands-on learning visit focused on inclusive education, early intervention, and community-based rehabilitation.



In a separate engagement, a team of 11 staff from Global Trust spent a full day across centres, observing real-time service delivery and systems integration. These exchanges were not ceremonial. They were honest, practice-based conversations that strengthened the broader inclusion ecosystem.

Awards & Recognition

A proud milestone was achieved with the Best Special School Award (2025–26) at the International Purple Fest, Goa, presented by UNESCO, TISS, and GIEN, recognising sustained efforts in inclusive education. Special appreciation to Rural India Supporting Trust (RIST) for its continued belief and support.

Ms. Dhanalakshmi, Special Educator, was honoured with the AASAN Award by the Rotary Clubs of Madras North and Chennai Sagar, recognising her dedication to inclusive education.

Ms. Vijaya Chandrasekaran, Head Trainer, received the Lalithamballe Memorial Award – 2025 for her outstanding social contribution and grassroots leadership in disability inclusion.



This quarter reminds us that real change is built in everyday moments. Through learning, care, and shared effort, inclusion moved from intention to practice. Each step

forward, however small, strengthened confidence and belonging. As we move ahead, these stories continue to guide us toward a more inclusive and hopeful future.



Give Hope: Scan the QR code to make a meaningful difference today.

Amplify Impact: Share our mission and inspire others to join the cause.

Be the Change: Volunteer your time and talents to transform lives.

Discussion about this post

Comments

Restacks

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