



Dear friend,

Hope this email finds you well!

All of us at Satya wish you a Merry Christmas and a very happy New Year!

This year has been limiting and liberating, challenging and filled with opportunity, full of new directions and reiterations, that we are thankful for all the lessons that have come these past two years. We thank you for your continued support.

Here's a brief update of the highlights of the past quarter, apart from our regular programs and services at our various centres.

Warm regards,

Chitra Shah,
Director, Satya Special School

International Day of PwDs Commemorated Across Our Centres



And this how we celebrated International Day of Persons with Disabilities on December 3: with dances, mime, poetry, drawing, and more!

At Satya's Village Rehabilitation Center, Mutrampet, our Guest of Honour, Mr. Govindasamy, Election Coordinator of Pondicherry, talked about the schemes and special facilities offered by the Election Commission of India for PWDs. Our vice president, Mrs. Sita Ramkumar gave a welcome speech, and our children danced, recited poetry, and performed mime and drama. More than hundred students, parents of PWDs and general public participated in the event.

At our Vocational Training Centre, children danced, sang their hearts out and also taught the teachers how to step to the tunes! "It was the first time since COVID that we had so much fun," Ms. Archana Ranganathan said.

At our Pollachi Centre, we organised a drawing competition, and distributed mementos and sweets to honour the occasion.

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Focus on#ThisAbility

In the past few months, we have been successful with our This Ability Discussion Series, touching upon topics less pondered upon.

On October 6, to commemorate Cerebral Palsy Day and #DaanUtsav, we organized ***Social-Lies: Busting Myths about Relationships and People with Cerebral Palsy***. It was a high-energy session with panelists talking about various aspects of friendships and romance with people with cerebral palsy.

On October 19, in collaboration with ***Sethu Foundation***, we held a session on ***Menopause Awareness*** to help women navigate through menopause.

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disability at its roots: ***Genetic Counseling in Prenatal Setting.*** The session was received very well, and helped families and therapists understand and deliberate on the importance of genetic counselling for couples and families, what it means, and the tools and resources available to expectant couples.



 **This Ability Discussion Series**
Real Stories. Real conversations.



**தொழிற்பயிற்சி
பட்டறைக்கு
அப்பால்**

மாற்றுத்திறனாளிகளுக்கு
வாழ்வாதாரம் : ஒரு கலந்துரையாடல்

Moderator
Ms. Anuradha Mahesh,
Director, SNEH-Nivesh Foundation

Panelists
Mr. G. Karthikeyan, Founder, Sristi Foundation
Mr. Gopi Kitnasamy, Head of Rehab Services
MJF Charitable Foundation, Sri Lanka
Ms. Kavin Tirumurugan,
Sai Kirupa Special School, Tiruppur

Wednesday, Dec. 8
5-6:30 p.m.

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Part of Satya's work has been in helping create effective partnerships with institutions. To further that, and to see how best the social sector can share experiences, This Ability ventured into a session in Tamil for NGOs: ***Beyond the Sheltered Workshop: New Perspectives in Livelihoods for Special Needs.*** The session provided many interesting insights on employability and livelihoods. NGOs have already expressed an interest in more such sessions.



Natheeshwar, Our 'Souper' Self- Starter!

As soon as Natheeshwar got to know about **The Energy King and Queen 2021 Cookery Contest**, he was on his feet, discussing with his parents about his ideas and cooking methods, using appropriate crockery, and plating. He was overjoyed and pumped up to participate in the event conducted by the **Rotary Club of Pondicherry Eves** on December 11.

His parents were surprised to see his enthusiasm and competitiveness. While they

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He had to prepare a soup and a starter and he had chosen Paneer Soya Balls, and Oyster Mushroom Soup (Sippi Kalaan Soup).

On the big day, his parents were a bit concerned about the number of people, music, and announcements on loudspeakers, as it might have triggered his hypersensitivity, but Natheeshwar had another surprise up his sleeve. He handled everything calmly, and focused on his preparations.



As the chef from Sunway Hotel complimented Natheeshwar on the dish, he had a huge smile on his face. He was also applauded for his courage and competitiveness and received a gift for his participation.

Natheeshwar was very happy with a sense of achievement! What's more, he did not let his disability define him.



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This Diwali was made special for us by our friends and well-wishers as they picked up sets of diyas made by our children at Satya! Children made around 60 sets, all of which flew off the shelves! We also came up with quilled Christmas ornaments, which were highly appreciated by one and all.

On that note, Merry Christmas and a very happy New Year to you!

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Our mailing address is: Plot 6,7,8, E.C.R Road, Opposite Siva Vishnu Mahal, Near Shivaji Statue, Karuvadikuppam, Puducherry, 605008

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