

Voices of Change: 2nd Quarter Highlights from Satya July - Sep. 2025

Stories of Collaboration, Care, and Community Impact.

OCT 06, 2025



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Every month at Satya Special School, we witness stories of courage, growth, and inclusion. Each program we host is more than an event, it is a step toward healing, dignity, and empowerment. Here are some of the highlights that shaped our journey in recent weeks

Our Voice Travels Farther



Satya Special School debuted this quarter on The Women Inspire Aspire Podcast.

In this inspiring episode, our Founder and Director, Chitra Shah, shares the dream of every child with an intellectual disability being welcomed in school and the stories that make our journey both urgent and joyful.

Podcast Episode: <https://youtu.be/1GHusZci4bs>

Capacity Building Programs

Prevention & Early Identification of Disabilities

At Vanur Block, 93 Anganwadi workers came together for a powerful session on prevention and early identification of disabilities. With insights from Vijayachandirasekaran and the support of Ms. Jegadeswari, CDPO, the day was filled with questions, reflections, and shared learning. Our participants left with renewed confidence—ready to take these lessons back to their families and communities, creating ripples of change.



Parents' Voices for Change



At Mutrampattu VRC, 21 parents came together to discuss policy, planning, and advocacy for children with disabilities. Guided by Ms. Meenakshi and Ms. Kalvina, the space turned into a circle of courage where questions were voiced, hopes were shared, and possibilities were imagined. Parents left with renewed strength, ready to carry these lessons into their homes and communities, shaping a more inclusive tomorrow.

Awareness Programs

Breaking the Silence on Menstrual Hygiene



At Colacara Govt School, 44 students gathered for an open conversation on menstrual hygiene. Led by Vijayachandirasekaran with the support of Headmistress Ms. Vani, the session replaced hesitation with questions, curiosity, and confidence. The young participants walked away not just informed, but empowered—ready to carry these lessons into their homes and communities, breaking silence with knowledge and dignity.

Telemedicine: Care Reaching Communities



At Muttrampattu, 50 participants from rural communities came together to explore the possibilities of telemedicine. Guided by Dr. Umashankar with the support of Dr. Mahadevan and Dr. Bharathalakshmi, the session opened doors to conversations on access, health, and hope. People left with renewed confidence, carrying forward the assurance that quality healthcare can reach them—no matter the distance.

Growing Awareness, Growing Inclusion



At Kanuvapet Govt High School, 100 students and teachers gathered for an eye-opening session on disability awareness. Led by Vijayachandirasekaran with the support of the Headmaster, the event sparked questions, dialogue, and reflection. Participants left with fresh understanding—ready to nurture inclusion in their classrooms, families, and communities.

Building Bridges of Inclusion



At Veda High School, 85 students and teachers joined an engaging session on disability awareness. With the support of the Headmistress and our facilitators, the space came alive with questions and reflections. Participants left inspired—ready to carry the spirit of inclusion into their classrooms and communities

Menstruation Awareness: Breaking Barriers

At VRC-Mutrampattu, 45 participants from PHC, P.S. Palayam joined an open conversation on menstruation. Led by Mrs. Sahayarani, SHN, the session turned silence into dialogue and hesitation into confidence. Participants walked away empowered, ready to carry these lessons into their homes and communities with dignity and pride.



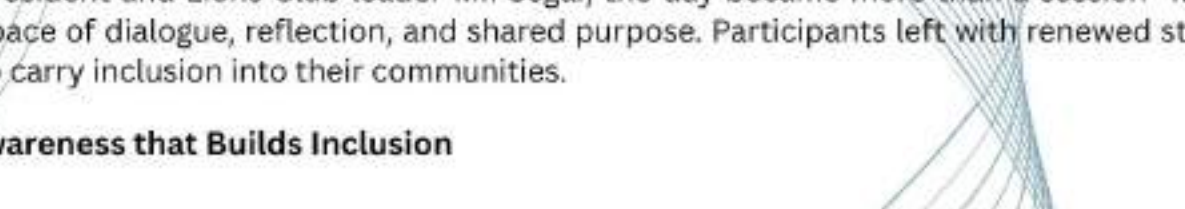
Nourishing Mothers, Nurturing Futures



At Pillaryarkuppam, 50 mothers gathered for a session on nutrition during lactation, guided by Vijayachandirasekaran. What began as a training turned into heartfelt conversations and shared reflections. Mothers left with confidence and practical wisdom—ready to nourish themselves and shape healthier futures for their children.

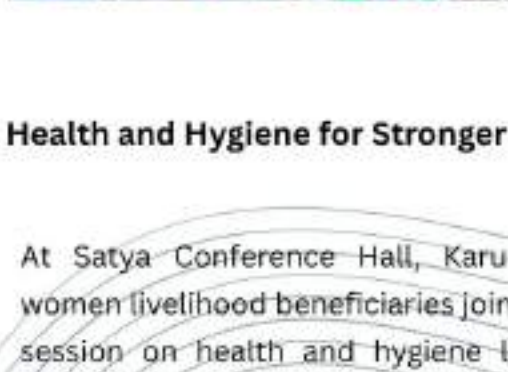
Rural Mela

Community Awareness: Voices for Disability Rights



At Sithilampattu village, 200 MNREGA workers gathered for a powerful awareness program on disability rights. With guidance from Vijayachandirasekaran and support from village president and Lions Club leader Mr. Segar, the day became more than a session—it was a space of dialogue, reflection, and shared purpose. Participants left with renewed strength to carry inclusion into their communities.

Awareness that Builds Inclusion



At Thirumangalam, 102 MNREGA workers came together for a community awareness program on disability rights. Led by Vijayachandirasekaran with the support of Health Inspector Mr. Ponrusamy and Health Worker Ms. Sasi, the session turned into a space of dialogue and discovery. Participants left with clarity and confidence—ready to carry the spirit of inclusion into their daily lives and communities.

Health and Hygiene for Stronger Lives

At Satya Conference Hall, Karuvadikuppam, 20 women livelihood beneficiaries joined an awareness session on health and hygiene led by Dr. Indra Priyadarshini. The session focused on nutrition, anemia prevention, hygiene, and stress management and reminded participants that a healthy mother builds a healthy family and society. Women left motivated to embrace healthier habits, strengthening their lives and their communities.



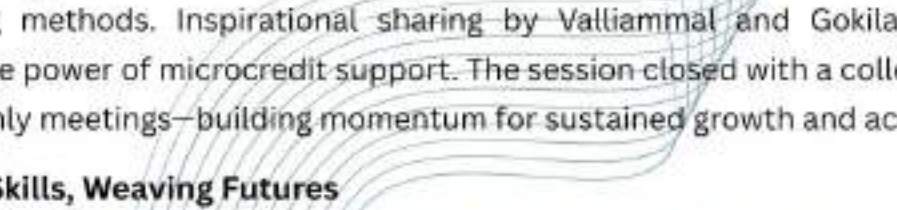
Livelihood

Women Rising Together



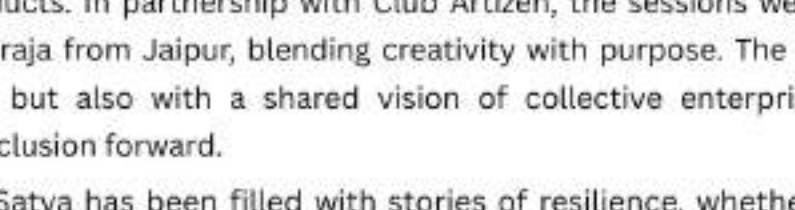
At Satya's Village Rehabilitation Centre in Muttrampattu, 45 women came together for an orientation on the P2P Project. Guided by Project Manager Mr. Abel Baskar, the session explored forming women's groups for income generation, with a focus on families of persons with disabilities, widows, and vulnerable women. With insights on financial literacy, government linkages, and sustainability—enriched by the voices of leaders like Mrs. Tania, President of Mancikalalu—the meeting left participants inspired to build stronger, self-reliant futures.

Strengthening Micro Enterprises



At Satya Cross Disability Centre, Karuvadikuppam, a capacity-building program brought beneficiaries together to learn about proper loan utilization, accountability, and business strengthening methods. Inspirational sharing by Valliammal and Gokila highlighted the transformative power of microcredit support. The session closed with a collective decision to hold bi-monthly meetings—building momentum for sustained growth and accountability.

The Weaving Skills, Weaving Futures



At the Thiran Koodu Skill Centre, women — many of them mothers of children with special needs — embraced the art of Chindi weaving, transforming textile waste into beautiful, sustainable products. In partnership with Club Artizen, the sessions were guided by Master Trainer Mrs. Neeraja from Jaipur, blending creativity with purpose. The women left not only with new skills, but also with a shared vision of collective enterprises that carry both livelihood and inclusion forward.

This quarter at Satya has been filled with stories of resilience, whether in quiet meetings, vibrant melas, or transformative training. Each moment reminds us that inclusion is not a destination but a journey we share with families, communities, and partners. Thank you for walking beside us; your support turns every step into hope and possibility.



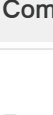
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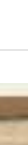


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